The recent financial crisis and recession prompted unconventional and aggressive actions by monetary and fiscal policymakers. Monetary policymakers turned to quantitative easing. Fiscal policymakers increased government spending and reduced taxes. To better understand these widely debated actions, it is helpful to know the underlying intent of the decisions and the separate functions of monetary and fiscal policy.

Before the 1930s, “classical” economists generally believed economic downturns would correct themselves with little or no government intervention. However, the Great Depression caused many economists and policymakers to rethink classical economics and give more importance to policy intervention. Monetary and fiscal policies have since served as the main tools to promote optimal economic performance (maximum employment growth and low, stable inflation). Although both are ongoing processes, their implementation is widely scrutinized in times of economic distress.

Monetary policy, the responsibility of the Federal Reserve, is enacted through changes in the money supply and the federal funds rate (the rate at which banks lend money among themselves overnight). In theory, changes in the federal funds rate influence other market interest rates (e.g., mortgage, auto loan, and corporate bond rates). Changes in interest rates, in turn, affect saving and investment decisions.

During economic slowdowns, monetary policy is expansionary: The federal funds rate is lowered, which gives firms an incentive to expand and hire more workers and consumers an incentive to spend more. During 2008, the Fed incrementally lowered its target rate from 3.50 percent in January to below 0.25 percent in December, where it has remained. With the federal funds rate near zero and the unemployment rate still high, the Fed adopted quantitative easing—the purchase of financial assets such as Treasury and mortgage-backed securities—to lower long-term interest rates, thereby increasing the money supply.1

Fiscal policy, the responsibility of Congress and the White House, is enacted through changes in government spending and taxes. During economic slowdowns, fiscal policy is often expansionary: The government increases expenditures2 and/or reduces taxes3 to increase total spending and encourage firms to increase production and hire more workers.

To stimulate the economy, in early 2009, Congress passed the $787 billion American Recovery and Reinvestment Act, a temporary stimulus that included $288 billion in tax cuts and benefits and more than $150 billion for sectors such as education, energy, and transportation. Some economists believe such expenditures may contribute to future economic development. Others, however, argue that such expenditures lead to higher future taxes, which deters business investment today.

The fiscal stimulus package and the deep recession increased the government budget deficit. In January 2011, the Congressional Budget Office projected the deficit will average about 8.6 percent of GDP for fiscal years 2010 to 2012. Some economists argue, however, that the recession would have been worse without fiscal and monetary intervention. For instance, economists Alan Blinder and Mark Zandi calculate that, without fiscal stimulus, the unemployment rate in 2010 would have approached 11 percent instead of the actual 9.6 percent. Sustaining an expansionary fiscal policy remains a challenge because the government must borrow to finance some of it and a high budget deficit may eventually lead to smaller increases in the standard of living. Although the debate over optimal policy will continue, appropriate fiscal and monetary policies are vital to the recovery and future growth of the economy.

—By Constanza S. Liborio, Research Analyst

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1 When the Fed engages in quantitative easing, it increases the supply of bank reserves and thus the monetary base, which is sometimes called high-powered money. See the upcoming April 2011 Liber8 for a primer on quantitative easing.
2 Some economists warn that fiscal spending may “crowd out” (reduce) private spending.
3 Supporters of tax cuts believe lower taxes will jump-start household spending by increasing after-tax income. Economic theory also suggests that a reduction in the corporate tax rate or an investment tax credit will prompt businesses to increase investment spending, which benefits the economy in the short and long run.

The views expressed are those of the author and do not necessarily reflect the official positions of the Federal Reserve Bank of St. Louis, the Federal Reserve System, or the Board of Governors.
Articles and Resources on Fiscal and Monetary Policy

Explains general short- and long-run effects of fiscal policy during a recession.

Provides an overview of forthcoming monetary policies as the economy returns to pre-recession levels.

A video that explains the federal funds rate and how it influences other market interest rates and prevents inflation.

Data Sources on Fiscal and Monetary Policy

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